

MANUSCRIPT SUBMISSION GUIDE

GENERAL FORMATTING

- 10 page maximum
- American Psychological Association (APA) Sixth Edition Publication Guidelines
- Microsoft-Word or compatible format (Do not send your manuscript as a PDF or it will be declined)
- Letter-size (8.5 x 11 inches) format
- 1.50 spaced text
- Times New Roman, 12-point font
- One-inch margins
- Two spaces following end punctuation
- Left justification
- Single column
- Portrait orientation
- First-person

MANUSCRIPT ORDER

(Please Note: Do not add a running head or page numbers.)

Cover Page: *(This page will be removed prior to peer review.)*

- **Manuscript Title**
 - The first letter of each major word should be capitalized.
 - The title should be in font size 20 and bold.
- **Author(s) Name**
 - First Name, Middle initial(s), and Last name (omit titles and degrees)
 - The names should be font size 12. No bold
- **Institutional Affiliation**
 - Education affiliation – if no institutional affiliation, list city and state of author’s residence
 - This educational affiliation should be on the line directly under the author’s name.
 - If there are multiple authors, please place a space between them each set of information (name and affiliation).
- **Author Biography**
 - If there are multiple authors, please label this section Author Biographies
 - Please be sure to indent the paragraph before the biography begins. If there are multiple authors, please begin a new paragraph for each author.

Manuscript: *(From this point forward, please be sure your manuscript is FREE of any identifying information.)*

- **Abstract**
 - The abstract (150-word maximum) should effectively summarize your completed research and findings.
 - The word “abstract” should be bold.
- **Keywords**
 - This line should be indented. The word “Keywords” should be italicized and followed by a colon and two spaces.
 - Following the two spaces, list 3 or 4 keywords or key phrases that you would use if you were searching for your article online.
 - Only the first key word should be capitalized. The actual keywords are not italicized.
- **Body of Paper (sections)**

ALL of the following sections MUST be present or your manuscript WILL be rejected.

 - Introduction
 - Literature Review
 - Methodology
 - Results/Findings
 - Discussion
- **References** –this heading is NOT bolded within the manuscript
 - Manuscripts should be thoroughly cited and referenced using valid sources.
 - References should be arranged alphabetically and strictly follow American Psychological Association (APA) sixth edition formatting rules.
 - Only references cited in the manuscript are to be included.
- **Tables and Figures**
 - If tables and figures are deemed necessary for inclusion, they should be properly placed at the end of the text following the reference section.
 - All tables and figures should be numbered sequentially using Arabic numerals, titled, acknowledged, and cited according to APA guidelines.
 - If graphs or tables are too wide for portrait orientation, they must be resized or reoriented to be included.
- **Appendices** (if applicable)
 - Must be labeled alphabetically as they appear in the manuscript.
 - Title centered at the top.

GENERAL INSTRUCTIONS

- **Headings**
 - Strictly follow APA sixth edition guidelines to format headings. Five levels of headings are allowed, per APA guidelines. See the bottom of this page for layout samples.
- **Abbreviations and/or Acronyms**
 - Abbreviations and/or acronyms should be defined at first mention and used consistently thereafter.
- **Footnotes/Endnotes**
 - Do not use footnotes or endnotes.
- **English Language Support**
 - If your native language is not English, you may want to make use of CSI's in-house editing service to increase the quality of your paper.
 - The use of these services is elective and in no way guarantees acceptance for publication.

HEADING SAMPLES

Heading Level #1 – title of paper or section

Centered, Bold, Uppercase and Lower Case

After the heading, hit a return, indent, and begin the text.

Heading Level #2 – main sections

Flush left, Bold, Uppercase and Lower Case

After the heading, hit a return, indent, and begin the text.

Heading Level #3 – subsections

Indented, bold, first word capitalized, all else lower case, end the heading with a period. Start text

two spaces after the period.

Heading Level #4– subsections

Indented, italicized, bold, first word capitalized, all else lower case, end the heading with a period.

Start text two spaces after the period.

Heading Level #5– subsections

Indented, italicized, first word capitalized, all else lower case, end the heading with a period. Start text

two spaces after the period.